



# Patricia Haresign

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## Podium Presentations:

“Work-life Balance” – Johns Hopkins Leadership Retreat

“Cultivating a Practice of Gratitude” – Nurse Resilience Speaker Series, Sibley Hospital, Johns Hopkins Medicine

“Adult Coloring: Therapeutic Benefits for Stress Reduction” – Nurse Resilience Speaker Series, Sibley Hospital, Johns Hopkins Medicine

“Self-Care Strategies for Nurse Resilience” – Sibley Hospital, Johns Hopkins Medicine

“Me Before You: Impact of Self-care Strategies on Staff Communication and Engagement” – Press Ganey Conference

“Creating the Infrastructure for Self-care: Designing a Tranquility Room” – Planetree Conference

“Impact of Self-care Initiatives Enhancing Nurse Resilience and the Patient Experience” – Second National Patient Experience Forum

## Experience:

Nurse Advisory Board, Leadership Coach for new managers and directors, Sibley Hospital

Patient Experience Coach, Sibley Hospital/Johns Hopkins.

Support all staff in communication skills and team building strategies to enhance patient and staff connection and engagement.

Patient Experience Nurse Specialist, Sibley Hospital/Johns Hopkins.

Coach nursing staff on evidence based engagement strategies for improved patient experience.

Health and Wellness Coaching for students at Arlington County School Career Center